

## Principal's Message

As we approach the first week of autumn and pass the halfway mark of the term, it is an important time to congratulate the students on what has been a very smooth start to the school year.

Year 7 students are now easily navigating their way around the College while senior students are well into their first round of School Assessed Coursework.

### Year 12 Soaring Start Camp

I had the pleasure of visiting the Year 12 cohort during their three day Soaring Start Camp at Trinity College. The students were in high spirits and were eagerly embracing time spent in the city visiting tertiary campuses such as RMIT, The University of Melbourne and the William Angliss Institute. These visits were supplemented with study skills sessions and helped to establish a platform from which our Year 12 students can make informed decisions about their preferred futures. Congratulations to the Senior Team, in particular, Mr Wright, Ms Byrne, Mrs Sutherland and Mrs Gerson for their organisation of the camp.

### Lilydale Lakeside Technical College



Monday February 15 saw the official opening of the Lilydale Lakeside Technical College. The resource, to be accessed by all schools in the Yarra Valley and Ranges area was opened by The Honourable James Merlino, Minister for Education.

Planning for the development and delivery of programs from Lakeside is still underway. Lilydale

## COLLEGE CALENDAR 2016

3 Mar 2016	Japan Tour Meeting, 6:30 pm
10 Mar 2016	Cross Country
11 Mar 2016	Ota First arrive from Japan
11 Mar 2016	Twilight Festival, 5:30 pm
<b>14 Mar 2016</b>	<b>Labour Day holiday</b>
15-18 Mar 2016	Year 7 Camp – Phillip Island
24 Mar 2016	Last Day of Term 1
11 Apr 2016	First Day of Term 2

*Please note: all dates are subject to change*

Heights College is an active contributor to the development team working to identify programs which Lakeside can deliver to support students in our schools.

### School Council Elections

Lilydale Heights College has a strong and supportive College Council that works to ensure the smooth running of the College. Providing a forum for parent voice is an integral part of school council responsibilities. Voting for parent representatives on Council is currently underway. I encourage you all to take the time to complete and return the voting form you will have recently received. Your vote is important to us; voting closes on March 4, 2016.

### Student Leadership

This week our College leaders were acknowledged at a whole school assembly in front of parents and friends. Congratulations to the students listed on the following page who have been selected to represent the student cohort in leadership positions for 2016.

<b>College Captains</b>	<b>Vice Captains</b>
Brody MacDonald, Molly Hooper	Jett Buller, Rachel Theobald
<b>Head Prefect</b>	<b>Prefects</b>
Skye Jenkins	Kiara Bax, Georgie Haynes, Marissa Haynes
<b>Music Captains</b>	<b>Music Vice Captains</b>
Natalie Freeman , Rachael Booth	Connie Angove, Chelsea Gervasoni

House Captains:

<b>House</b>	<b>Captains</b>	<b>Vice Captains</b>
Olinda	Alanna Lennie Devlin Cunningham	Lily Moran Sarah Bast
Castella	Georgia Ford Rhiley Unternahrer	Lachlan Schack Marissa Haynes
Yarra	Natalie Freeman Azalea Zainor	Alex Schafer Jett Buller
Melba	Brody MacDonald Lauren Owens	Olivia Marin Tristan Tweedie

These students were selected because they display all the College values; Excellence, Respect and Responsibility and are committed supporting their peers and the wider community. We acknowledge their commitment and look forward to working with them throughout the year.

### **College Swimming Sports**

Thursday February 18 saw the annual Swimming Sports at Lilydale Swimming Pool. Student participation rates were very high as were energy levels. Colour, competition and fun were the order of the day. Congratulations to all participants and thank you to those parents who came along to support students. Well done Melba on your win!!

**Rosina Fotia**

**Principal**



# Curriculum News

It has been an exciting start to the year with the launch of our new Middle School curriculum after months of dedicated planning. The new curriculum increases the range of choices available to students, allowing them to experience a broad range of subjects and to identify their individual pathways into Senior School. It is explicitly designed to build students' capacity as independent learners by extending the inquiry, research, and reflection skills they develop through Junior School.

We also have a renewed focus in 2016 on the teaching of literacy and numeracy across all year levels and subjects, with dedicated programs in Junior and Middle School and the appointment of literacy and numeracy coordinators to drive further improvement in student outcomes in this area.

Finally, use of information and communication technology (ICT) is embedded in the curriculum across the school and students who have not yet organised their Notebook or other device should do so as soon as possible in order to fully participate in the learning program. Please contact the Helpdesk if you need assistance or have any questions about this process.

**Tim Chapman,**  
**Curriculum Leader**



## Student accident insurance...

**Student accident insurance, ambulance cover arrangements and private property brought to schools:**

It is important to remind Parents/Guardians of the insurance arrangements that the Department of Education and Training provides.

DET does not provide student accident insurance/ambulance cover nor does it provide personal property insurance. Therefore it must be pointed out that parents and guardians of students who do not have student accident insurance/ambulance cover are responsible for paying the cost of medical treatment for injured students, including the cost of ambulance attendance/transport and any other transport costs. In addition to this, private property brought to school by students, staff or visitors is not insured and the Department does not accept any responsibility for any loss or damage.

# OTA DAI ICHI visit

Friday 11 – Tuesday 22 March

Thank you very much to the families who have volunteered to host the students from Japan:

Austin, Brown, Buttress, Griffith, Hudson, Oates, Popa-Jeske, Richards, Santos & Williams families.

Not too long now before we meet the teachers and students from our sister school, entering our 21st year of our relationship.

**Kerry Barrett,**

**Sister School Exchange Co-ordinator**



# Year 12 Parent Information Session

On Wednesday 10 February, the Year 12 Parent Information Session was held in the Valleydale Cafe.

The presenter from "Elevate Education" was extremely entertaining and informative about how parents can assist and manage students' anxiety during the final year of school.

This session was a follow up from the session for the students on the Soaring Start Camp.

An important focus for students should be to be complete "notes" throughout the year. Students have been encouraged to develop revision notes based on Key Knowledge and Key Skills.

Elevate described how successful students use a system of review. That is, they must read over their notes as soon as they write them, 24 hours later and then monthly. This will mean that a student will not have to re-learn information at the end of the year and can be focusing on completing past and practice exams.

**Tim Wright,**

**Senior School Learning Leader**





# Twilight Festival

Friday 11<sup>th</sup> March

5:00pm – 7:30pm



LILYDALE HEIGHTS  
COLLEGE



*Family Fun, stalls include:*

*Food and Drink*

*Jumping Castle*

*Huge Raffle with many fantastic prizes*

*Face Painting*

*Mystery Jars*

*Cake Stall*

*Dunk the Teacher*



17 Nelson Rd, Lilydale

# Swimming Sports

A great day was had at Lilydale Swimming Pool for our annual Swimming Sports. Students arrived in the brightest, most colourful and varied types of house outfits again for the Swimming Carnival. After concerns about what Melbourne weather would produce, all worries were put aside and students and staff had a fantastic day, with a noticeable increase in student attendance and participation.

The house spirit was high throughout the day, many students entered events to win points for their house. Students who competed also gained points for individual totals, which determined the Age Group Champions for the day, who were:

	BOYS	GIRLS
<b>UNDER 13</b>	Deacon Talbot/Kurt Wishart	Natasha McGrath
<b>UNDER 14</b>	Alex Newey	Tash Elliot
<b>UNDER 15</b>	Dean Warren	Lisa Breslin
<b>UNDER 16</b>	Morgan MacDonald	Rachel Theobald
<b>UNDER 17</b>	Lachie Schack	Jess Cottier
<b>UNDER 21</b>	Tristan Tweedie	Maddie Thomson

Congratulations to Melba House with Mrs Gerson as the new House Head and Brody MacDonald and Lauren Owens as House Captains. Melba is the 2016 Swimming Champion House.

A special mention to the Staff Relay Team comprised of Mr Chapman, Mr Payne, Miss Spitzer and Mr McKenzie who managed to pull off an exciting win against the student team, even with Mr McKenzie singing his way along his lap!

Students who won events on the day qualified for Yarra Group Swimming, to be held at Croydon Pool on Tuesday 8th March. We wish them luck and hope they enjoy the day and make Lilydale Heights proud.

**Sonya Tamos**





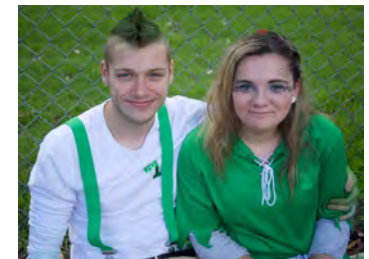
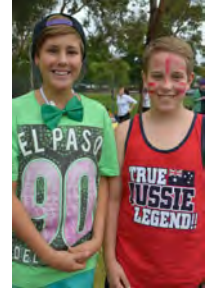
# Swimming Sports continued...

Medal winners:





# Swimming Sports continued...





# Career News

**This Newsletter** will keep you in touch with **career events, expos, courses, Open Days** and so on. Attending career events will assist you to make wise career decisions.

Students who do **research, attend events, collect information, and talk to others** about careers frequently find it easier to make their own decisions.

## WHAT ARE SOME OF MY ALTERNATIVES UPON LEAVING SCHOOL?

One option is **university study**. Research shows that those who have a university degree are (on average) **less likely to be unemployed** and are likely to **earn more** during their lifetimes than those who do not.

Others will want to complete a **vocational course (VET)** like hospitality, childcare or graphic design.

Another significant group will enter a **trade by completing an apprenticeship or traineeship** in areas such as plumbing, carpentry, mechanics, refrigeration or office administration.

Those entering **employment** with no study plans need to understand that their career options and earning capacity are likely to be limited in the long term. Qualifications are VITAL.

## Thinking of University? There are nine in Victoria:

- **Australian Catholic University (ACU)** has campuses in Fitzroy and Ballarat. It is a small but growing university, publicly funded, open to those of any or no faith.
- **Deakin University's** main campus is in Burwood, but it also has campuses in Geelong and Warrnambool. It is a large university offering a very broad range of degrees.
- **Federation University** has campuses in Ballarat and in Gippsland. It is a fairly small university serving two rural communities.
- **La Trobe University's** main campus is in Bundoora, but it also has campuses in Albury-Wodonga, Bendigo, Mildura and Shepparton. It is a large university.
- **Monash University** is very large; its main campus is in Clayton, but it also has campuses in Berwick, Caulfield, and Frankston (Peninsula Campus) (also in Malaysia and Prato in Italy).
- **RMIT** is a large dual-sector institution (a VET provider as well) in the City, with other campuses in Brunswick and Bundoora.
- **Swinburne** is also a dual-sector provider with a university campus in Hawthorn, and VET campuses in the City, Croydon, Hawthorn and Wantirna.
- **The University of Melbourne** is the oldest University, its main campus being in Parkville. It also has specialised campuses in Burnley, Creswick, Dookie, Shepparton, Southbank and Werribee.
- **Victoria University's** main campus is in Footscray, but it also has campuses in the City, Melton, St Albans, Sunshine and Werribee. VU is a university and a VET provider.

**NOTE: Charles Sturt University** is sometimes listed with Victorian Universities. It is in fact a NSW Institution with a campus on the Victoria/NSW border at Albury-Wodonga.

**There are many providers of vocational education (VET)** such as Bendigo TAFE, Box Hill Institute, Gordon, Holmesglen, Kangan, Melbourne Polytechnic, RMIT, Swinburne and VU.

With so many institutions available it is important that you **do some research during senior years** at school. This includes attending **Open Days, Career Expos, school holiday programs** and so on.

## FOCUS ON SOME HEALTH DEGREES

**MEDICINE AND DENTISTRY** - It is possible to study medicine/surgery at **Deakin** (Geelong), **Monash** (Clayton and Gippsland), and **Melbourne universities**. Of course, many interstate universities also offer



medicine, and it is possible to study it in New Zealand (eg University of Otago in Dunedin) and have the qualification recognised in Australia. **NOTE:** Be aware that medical qualifications from many overseas universities are not recognised in Australia and further study in Australia is required.

The **ONLY** university in Victoria offering an **undergraduate medical degree is Monash**. Acceptance into this course is based on a **combination of ATAR, UMAT** result and a multi-mini **interview**. UMAT is short for the **Undergraduate Medicine and Health Sciences Admission Test**. This year the test will be held on **Wednesday 27 July**. Registrations are open now and close at 5pm (AEST) on **Friday 3 June, 2016**. See: <http://umat.acer.edu.au>. The UMAT is a multiple choice assessment; it is possible to purchase **practice tests** at this website, and you are strongly advised to do so as the UMAT is a very demanding test and practice is vital. The only Victorian undergraduate degree which requires completion of the UMAT is **Medicine at Monash**. La Trobe University requires it for **Dentistry**, but **only for non-Year 12 applicants**. Some **interstate universities** require it as part of the application process for medicine, dentistry and some other medical-related courses so you are wise to check this. It is common for students keen to study medical courses to apply to interstate universities as well as Victoria. Living in a particular state does not give any priority to applicants. **NOTE:** International applicants see **International Student Admissions Test (ASAT)**.

**Monash** also offers a **post-graduate degree in medicine**, as do **Deakin and Melbourne** universities. **Monash** has very **specific requirements** for entry to the post-graduate degree, including that from 2017 the **undergraduate degree MUST be a Monash degree** (preferably the B. Biomedical Science, or alternatively the B. Pharmacy or the B. Physiotherapy, or in a small number of cases the B. Science). Most applicants for the **Melbourne** degree would complete either the B. Biomedicine or the B. Science at Melbourne first. **Deakin** also does not specify the under-graduate degree. **NOTE:** Many post-graduate medical degrees require applicants to sit for a test known as the GAMSAT. See: <http://gamsat.acer.edu.au>.

**Dentistry** is only offered in Victoria as an undergraduate degree at **La Trobe University (Bendigo)** and as a post-graduate degree at **Melbourne University**.

It is important for anyone thinking of studying medicine or dentistry to **research** and start **preparing**; the competition for university places is considerable. Some universities **offer information sessions** about their courses (Eg 'At Monash' Seminars and **Focus On Melbourne** seminars – details later).

Remember, of course, many students considering medicine or dentistry could be **well suited to several other occupations**, not necessarily in the medical field, so explore these as well.

**BACHELOR OF HEALTH SCIENCES AT MONASH** – To who is this degree suited? Are you **passionate about health** and **keen to contribute to addressing real health challenges**? This is a 'parent' course under which there are **four possible specialisations**. Students enrol in the course relevant to their specialisation: **B. Emergency Health**, **B. Human Services** (can lead to Masters in Social Work), **B. Public Health Science** and **B. Radiation Science**. Studies commence at the Caulfield campus where students from all specialisations will apply scientific approaches to the study and improvement of health, considering physiological, behavioural, developmental, social and environmental aspects of human health and disease. After the first three semesters, you will develop an in-depth knowledge of the **theory and practice of your specialisation**. Prerequisites – 3/4 English and any Maths.

**WHAT IS PHYSIOTHERAPY?** Physiotherapists assess, treat and prevent disorders in human movement caused by injury or disease. They work in private practice, hospitals, rehabilitation centres, health department, mental health, school systems and some with sports clubs. Most young aspiring physiotherapist want to work as sport physiotherapists, however, you need to understand that many, in fact, work with elderly patients.

Physiotherapy is taught at **Monash, La Trobe, Charles Sturt and Melbourne** Universities. **ACU** is introducing the course at Ballarat campus in 2017. The ATAR required for all courses is very high, and admission to the **Monash degree also requires an interview**. The Melbourne degree is post-graduate. A **science background and interest** is required for successful completion of the course.

**WHAT IS MYOTHERAPY?** This is a **remedial massage course which assists in rehabilitation, pain and injury management**. The Advanced Diploma takes two to three years to complete. Some students who are interested in physiotherapy but who are not able to obtain the required ATAR find myotherapy a



satisfying alternative. It is offered at a number of institutions such as Box Hill, Chisholm, Holmesglen, Melbourne Polytechnic, RMIT and Victoria University.

**WHAT IS OCCUPATIONAL THERAPY?** Do you want to engage people to participate in activities to their full potential? Occupational Therapy involves working with individuals, groups and communities **to enhance their ability to engage in the occupations they want to, need to, or are expected to do.** It is offered at ACU, Charles Sturt, La Trobe, Deakin (Geelong), and Monash universities.

**WHAT IS PROSTHETICS?** Learn about artificial limbs (prostheses) for people with amputations and supporting devices (orthoses) for people with musculoskeletal weaknesses. In Victoria this degree course is taught only at La Trobe university.

Compiled by: M. Walker Edited Julie Byrne



# Lunchtime Clubs

Day	Activity	Teacher /Room
MONDAY	Board Games Club	Mrs Roberts H3
	Darts	Mr Plucinski Pavilion
	Japanese Club	Miki sensei H2
	Year 7 Homework Club	Ms Meara H1
	Year 8 Homework Club	Mrs White H11
TUESDAY	Year 7 Homework Club	Ms Miller H1
	Year 8 Homework Club	Ms Riazati H11
	Biology Revision Unit 3	Mrs White B2
	Gaming Club	Mr McKenzie C8
	Mindfulness Colouring Club	Mrs Phillips Library
WEDNESDAY	Year 7 Homework Club	Ms Serle H1
	Year 8 Homework Club	Mr Payne H11
	Art Club	Ms Morley D2
	Coding/Programming Club	Mr Lester H10
	Middle School Homework Club	Mr McKenzie C8
THURSDAY	Year 7 Homework Club	Mrs Smith H1
	Year 8 Homework Club	Mr Moninka H11
	Classic Film Club	Mrs Carter B12
FRIDAY	Year 7 Homework Club	Ms Roberts H1
	Darts	Mr Plucinski Pavilion
	Year 8 Homework Club	Mr Payne H1

Art Club  
Biology Revision Unit 3  
Board Games Club  
Classic Film Club  
Coding/Programming Club  
Colouring Club  
Darts  
Gaming Club  
Japanese Club  
Middle School Homework Club  
Year 7 Homework Club  
Year 8 Homework Club

Wednesday  
Tuesday  
Monday  
Thursday  
Wednesday  
Tuesday  
Monday - Friday  
Tuesday  
Monday  
Wednesday  
EVERY DAY!  
EVERY DAY!



# **Lilydale Heights College**



## **INSTRUMENTAL MUSIC PROGRAM**

### **HANDBOOK**

**2016**



**LILYDALE HEIGHTS  
COLLEGE**

**INSPIRING LIFELONG LEARNING**



## **The Value of Music Education**

A quality instrumental music education is highly valuable in the development of a secondary school student. Research shows that learning music can help them in many ways by improving:

- memory and reasoning capacity
- problem solving skills
- mathematics and language performance
- self-discipline skills
- concentration, memory and self expression
- time management skills
- social and team skills

At Lilydale Heights College, music is not seen as an extra-curricular activity but as an essential part of a student's learning.

Throughout the history of LHC, many of the student leaders and high academic achievers have come from the music program. Many current and past college captains and honours students have been actively involved in the program.

For more information on the many wide ranging benefits that music education provides, visit <http://www.nammmfoundation.org/>



## Lilydale Heights College Instrumental Music Program

Lilydale Heights College has a tradition of excellence in music. Many students in the program have found that participation enhances both their academic and social development. Our college is the only school in the area that consistently wins shields at School Music Festivals.

We offer a comprehensive performance-based music program. Students are given the opportunity to be involved in a variety of musical activities that include:

1. Participation in a variety of LHC ensembles:

Senior Concert Band	Music Enrichment Bands
Intermediate Concert Band	VCE Ensembles
Junior Concert Band	Percussion Ensemble
Senior Stage Band	Guitar Ensemble
Big Band	Vocal Ensemble

2. Music Tours, Camps, Festivals, Competitions and Workshops.

3. Full use of our well resourced music facility.

4. Classroom music from Year 7 – VCE.



### Tuition

Fees for participation in the College Music Program are \$200 per year

This is a huge saving as lessons outside of school would generally cost around \$1500 a year.

This levy helps to fund activities, music and other necessary equipment and staff. The levy is payable by the start of Term 2. This is the main source of income for the Music Department and is necessary for us to continue to offer the quality of music education that we provide. Music Department fees are not voluntary contributions.

Please note that tuition for first year music students is for a minimum of one year. Withdrawal from the program must be made in writing to the Performing Arts Leader. Also, voice and guitar lessons are generally not available for Year 7 students. If a Year 7 student would like to receive voice or guitar lessons (eg. the student has previously had voice lessons and/or singing experience) applications can be made in writing to the Performing Arts Leader.





## Lessons

Students are placed in a group lesson which is comprised of other students who are at a similar standard. Lessons are provided weekly with a specialist, fully qualified teacher.

Students come out of class for their lessons on a set day of the week with lessons generally being 30-50 minutes long. Lessons rotate through the school day from week to week. It is an expectation that music students catch up on any class work they miss. An instrumental music slip (provided at the start of each term) must be signed by the classroom teacher each week.



## Ensemble

At LHC all students learning a musical instrument participate in an ensemble. This is the time once a week when students of different instruments get together to combine their learning in an ensemble setting. Being an active member of an ensemble builds self-confidence and self-esteem, giving students a sense of accomplishment and pride. It also assists students to develop their musical awareness and social skills.

LHC ensembles and their rehearsal times (times subject to change):

Music Enrichment Y7 Band	Friday	Period 5&6
Music Enrichment Y8 Band	Monday	Period 3&4
Intermediate Concert Band	Thursday	3:15-4:15
Senior Concert Band	Monday	3:15-5:00
Senior Stage Band	Friday	3:15-4:30
Big Band	Tuesday	3:15-4:15
Vocal Ensemble	Wednesday	Lunchtime
Percussion Ensemble	Monday	Lunchtime
Guitar Ensemble	Tuesday	Lunchtime (second semester)



## Ensemble Uniform

The Music Department prides itself on the presentation of its students. It is a requirement that students have the correct ensemble uniform. The performance uniform for all ensembles is long black pants, black socks, black polished shoes and a white dress shirt.

The Senior Concert Band and Senior Stage Band perform in the above uniform with the addition of a LHC Music Department jacket which can be purchased from the music office for \$75.



## Music Tours & Camps

All band students have the opportunity to go on a camp or tour each year.

Each year the Senior Concert Band/Stage Band tours for about five days with past destinations including Mildura, the Mornington Peninsula, Ballarat, Brisbane, Sydney and New Zealand. In 2016 the tour will be taking place in July around Regional Victoria, with the feature performance being at the Echuca Jazz and Blues Festival.

The Junior and Intermediate Bands have a three day intensive music camp each year. In 2015, this will be held at Ferngully Lodge, Healesville on Tuesday to Thursday, 12<sup>th</sup> - 14<sup>th</sup> August.



## Practice

In order for progress to be made it is essential and expected that all students will undertake regular practice at home. Developing the self-discipline that it takes to practice and improve is one of the greatest benefits of studying a music instrument. Generally students in the first year of their instrument should be looking at practicing a minimum of 30 minutes every second day.

It is during the first years of study that practice habits are developed. Parents can help by creating a set time and a private place with a music stand to practice in the home.

Students will not be considered for a second instrument unless they are demonstrating effective practice on their first.



## Acquiring an Instrument

Musical instruments may be purchased or hired.

Second hand instruments are a good place to start. The Music Department often has students who have given notice that they are selling an instrument. We strongly recommend that you seek advice on the purchase of a new or second hand instrument as not all brands are equal. Please contact one of the LHC music staff for guidance as they are more than happy to help with obtaining a musical instrument or to provide you with a report on an instrument's condition. You should never buy a second hand or e-bay instrument without first checking it with a member of the music staff.



At LHC we have a limited number of instruments for students to hire. Hiring for a year is \$150 for all instruments except saxophones which is \$200. The instruments that we hire to beginning students are:

Trumpet	Flute
French Horn	Clarinet
Trombone	Alto Saxophone
Euphonium	Tenor Saxophone
Tuba	Bass Guitar

If a less expensive school instrument is hired such as a flute, clarinet, alto saxophone, tenor saxophone, trumpet or trombone, it is encouraged that once satisfactory progress has been made on an instrument (generally 12 months) the commitment will be made to purchase a second hand or new instrument. This allows LHC instruments to be available for new instrumental music students. Musical instruments are also available for hire through private retailers. **Please do not purchase an instrument without seeking advice from one of our music teachers.**

Our recommended music retailer is **Fine Music** in Hawthorn

<http://www.finemusiconline.com.au/>

Phone: 9818 8520



### Materials Required

Students will be required to purchase additional materials once they have their instrument. Students need to acquire a music stand (approximately \$20-25). Some other instrument specific items such as valve oil for brass instruments, reeds for most woodwind instruments and sticks for percussionists are also required, details of which will be given by the instrumental music teachers. Junior Band students will be required to purchase a tutor book (supplied) for \$17.50.



### Music Staff

Mr Tim Veevers	<i>Performing Arts Leader/Classroom Music</i>
Mrs Paula Grinbergs	<i>Woodwind</i>
Mr Robert Conway	<i>Brass</i>
Mr David Rowlands	<i>Flute</i>
Ms Sue Haylock	<i>Percussion &amp; Guitar</i>
Mr Nathaniel Poynter	<i>Woodwind</i>
Miss Rebecca Barbie	<i>Voice</i>
Mrs Jenny Phelan	<i>Music Secretary</i>



# COMMUNITY NOTICES & ADVERTISEMENTS

Please Note: Such publications do not imply College endorsement of the product or service.



LILYDALE HEIGHTS  
COLLEGE

Source: <http://www.education.vic.gov.au/about/contact/Pages/parentline.aspx> Date: 21-10-2015

## Parentline Victoria

Contact Us > Contact List > Parentline Victoria

13 22 89 - 8am to midnight 7 days a week

- Parentline provides a statewide telephone counselling service to parents and carers of children aged from birth to eighteen years

- Professional counsellors are able to explore a variety of issues that impact on parenting and relationships

- Parentline can provide contact details for community services

- Parentline respects the confidentiality and right to privacy of callers



'I often lack confidence in what I am doing so being able to talk with someone was really great for me. I did not feel put down or judged...'

'I felt a connection with the counsellor. They tailored (the call) to my situation.'

## KILSYTH JUNIOR FOOTBALL CLUB

### PLAYERS WANTED

Under 8s, 9s, 10s, 11s, 12s, 13s, 14s, 15s & 17s

### NEW PLAYERS FREE REGISTRATION

#### CONTACTS

Danny

Bonnie

0419 348 669

0411 406 443

[www.kilsythfootballclub.com.au](http://www.kilsythfootballclub.com.au)

Find us on: Facebook

Available at the App Store

Pinks Reserve, Liverpool Rd Kilsyth  
Behind the Kilsyth Basketball Stadium  
Next to the new Netball complex



YOUR NEAREST MILO T20 BLAST CENTRE:

'Mini Stars' T20 Blast for Girls!

Venue: Bayswater Cricket Ground (Scoresby Road entrance)

Wednesday's 4:30pm to 6:30pm - Cost: \$80

Dates: 10 February to 16 March 2016

6-Week program coordinated & delivered by Cricket Victoria trained coaches

Free Come & Try session on Wednesday 10 February at 4:30pm

Come & play like your WBBL 'Melbourne Stars' hero Meg Lanning!!

For more details please contact Di Day on 0427 314 389 or visit website below.



SIGN UP AT [T20BLAST.COM.AU](http://T20BLAST.COM.AU)

## Yarra Glen Junior Football Club

is seeking any Under 16's that would like to play football in season 2016. The club will issue all new players to the club.

A new Yarra Glen Football Club sports bag.

All match day uniform.

A training top with sponsors attached.

Any persons interested in joining a "Great family orientated club" please contact Peter Richardson on 0409 145 675.

LILYDALE HEIGHTS COLLEGE

17 Nelson Road Lilydale VIC 3140 Phone: 9735 1133 Fax: 9739 5463

Email: [lilydale.heights.co@edumail.vic.gov.au](mailto:lilydale.heights.co@edumail.vic.gov.au) Visit: [www.lilydaleheights.vic.edu.au](http://www.lilydaleheights.vic.edu.au)